

Portfolio of Training for Adult Social Work and Adult Social Care

The following is a list of our new training courses to support social workers, occupational therapists and social care practitioners working in adult services. Use the links to access more information about course duration, objectives and target audience.

More information or make a booking

For further information about any of our courses or to make a course booking for your organisation please email Leanne McGowan, Training and Development Manager using admin@reconstruct.co.uk or call 01895 549910.

List of courses

[Deprivation of Liberty in Health, Social Care and Community Settings](#)

[The Mental Capacity Act in Practice](#)

[Deprivation of Liberty: Preparing for the Future](#)

[Giving Written and Oral Evidence to the Court of Protection](#)

[Hoarding and Self-Neglect in the Context of Safeguarding](#)

[Safeguarding Adults Enquiry Skills](#)

[NHS Continuing Healthcare: The Role of Social Care Practitioners](#)

[Working with Difficult, Dangerous and Evasive People \(DDE\)](#)

[Dignity in Care](#)

[Dementia Care \(Advanced Skills\)](#)

[Person Centred Care](#)

Deprivation of Liberty in Health, Social Care and Community Settings

Course length	1 Day
Audience	Qualified professionals, managers of health and social care services and any health or social care practitioner who needs to understand deprivation of liberty
Course overview	
<p>This one-day course is for qualified professionals, managers of health and social care services (e.g. ward managers and managers of care homes and supported living services) and any health or social care practitioner who needs to have a good understanding of what constitutes a deprivation of liberty and how to ensure any deprivation of a person's liberty is lawful.</p> <p>This course will also outline the proposed changes to the legislation governing deprivation of liberty.</p>	
Course aim	
<p>To learn about how to recognise and respond to a deprivation of liberty that is occurring (or likely to occur) from the age of 16 in the full range of settings across health, social care and the community. To be prepared for the upcoming changes to current legislation.</p>	
Objectives	
<ul style="list-style-type: none">• Understand the legal context of deprivation of liberty;• Know how to recognise when a deprivation of liberty is occurring/likely to occur;• Understand the importance of, and know how to apply principles 4 and 5 of the Mental Capacity Act when developing care and treatment plans for people who lack capacity;• Understand your role (and the role of others) in responding to deprivations of liberty in a range of settings;• Understand the process of authorising and reviewing a deprivation under the DoLS framework and the role of a BIA and RPR;	

- Understand the process of authorising and reviewing a deprivation outside the DoLS framework;
- Understand the key differences between the current frameworks and the Liberty Protection Safeguards.

Evaluation data from across 2019

The training has improved my ability to recognise when a deprivation of liberty is occurring: **75% agreed**

I have a better understanding about determining whether a deprivation is in somebody's Best Interests: **81.25% agreed**

I have a better understanding of the different legal frameworks available to authorise a deprivation of liberty, and when to use them: **81.25% agreed**

I have a better understanding of the different processes and roles involved in authorising and reviewing a deprivation of liberty: **87.5% agreed**

I understand the differences between the current frameworks and the Liberty Protection Safeguards: **87.5% agreed**

Delegate feedback:

"Course was interesting, trainer maintained interest throughout and clearly knew the topic-I would recommend the training to others"

"Really interesting, explained in a way I could understand and made me want to go home and re-read the laws"

"Excellent course content and effective training methods used by trainer-fully enjoyed"

The Mental Capacity Act in Practice

Course length	1 Day
Audience	All Social Work staff in Adult Social Care.
Course overview	
This course is aimed at both qualified and unqualified social care and/or health practitioners who need to have a working knowledge and understanding of how to apply the key features of the Mental Capacity Act in their practice.	
Course aim	
The overall aim of this course is to ensure that every practitioner is aware of their own role related responsibilities under the Mental Capacity Act and able to practice both competently and confidently in each of the following areas;	
<ul style="list-style-type: none">• Supporting a person to make their own decision;• Recognising the indicators that a person may not be able to make their own decision and taking appropriate action to ensure that a determination about capacity is made (through a proportionate assessment);• Understanding how the autonomy of people who have capacity can be protected and promoted;• Understanding how to apply principles 4 and 5 of the act when a person is found to lack capacity.	
Objectives	
<ul style="list-style-type: none">• Know how to apply the principles of the Act to support decision making and promote autonomy;• Understand the ways that a person with capacity can plan for future care or treatment;• Know how and when to assess capacity and the importance of good recording;• Understand the role of the Decision Maker, know how to make a best interests decision and understand when a decision must be taken to the Court of Protection;• Understand the role of an IMCA in decision making and know when to appoint an IMCA.	

Evaluation data from across 2019

The training has increased my understanding of how to apply the first 3 principles of the Act to support decision making: **86.9% agreed**

The training has increased my knowledge about the ways that a person with capacity can plan for future care/treatment: **82.6% agreed**

I am more confident about how and when to assess capacity, and when not to: **78.2% agreed**

I have a better understanding of the role of a Decision Maker and how to make a Best Interests decision: **86.9% agreed**

I understand the decisions that must, or may be made by the Court of Protection and how to make an application: **100% agreed**

Delegate feedback:

“Very intensive, comprehensive, interesting and very educating”

“Very useful for job role-covered all relevant aspects”

“I liked the best interest’s conference role play”

“A lot of information provided, very informative”

You may also like.....

The Mental Capacity Act 2005 Resource and Practice Toolkit

This comprehensive online resource developed by our experts can be found in the [Mental Capacity Directory](#) on the SCIE website, where it has received a panel recommendation from the national Mental Capacity Act Forum.

Deprivation of Liberty: Preparing for the Future

Course length	Half Day
Audience	Anyone working with individuals from the age of 16 that need an awareness of upcoming changes to Deprivation of Liberty frameworks.
Course overview and aim	
Delivered over 3 hours this practical and accessible workshop will support delegates to understand and prepare for upcoming changes to Deprivation of Liberty Frameworks when the Liberty Protection Safeguards are implemented.	
Objectives	
<ul style="list-style-type: none">• Review the current legal frameworks for authorising a deprivation of liberty• Review the current role of those involved in arranging care or treatment• Understand the practice implications of the Mental Capacity (Amendment) Bill• Develop/enhance skills to recognise a deprivation of liberty Develop/enhance ability to determine whether a deprivation is in a person's best interests	

Giving Written and Oral Evidence to the Court of Protection

Course length	1 Day
Audience	Qualified Social Workers and Managers working with people from the age of 16
Course overview	
<p>This one-day course is for qualified social workers and managers working with people from the age of 16. The course will provide information about when an application to the Court of Protection should be made, how to make an application and how to prepare and provide good evidence (written and oral).</p>	
Course aim	
<p>Using a range of practical, interactive tools and experiences this specialist training will develop knowledge, skills and confidence, preparing delegates for the court experience.</p>	
Objectives	
<ul style="list-style-type: none">• Understand the different types of evidence• Know how to prepare good written evidence• Know what to expect from the court experience and learn how to manage anxiety• Know how to give good oral evidence• Know what to expect after the hearing	

Hoarding and Self-Neglect in the Context of Safeguarding

Course length	1 Day
Audience	Qualified professionals, managers of health and social care services and any health or social care practitioner who works with someone at risk
Course overview	
This one-day course is for qualified professionals, managers of health and social care services (e.g. managers of care homes and supported living services) and any health or social care practitioner who needs to have a good understanding of hoarding, self-neglect and the appropriate safeguarding response.	
Course aim	
To enable participants to develop an awareness of self-neglect and hoarding, identify causes and characteristics, and provide effective support strategies.	
Objectives	
<ul style="list-style-type: none">• Participants will understand what constitutes self-neglect;• Participants will be able to define what is meant by hoarding;• Participants will be able to discuss and analyse why self-neglect and hoarding may be areas of safeguarding concern;• Participants will understand both the application and limitations of an adult safeguarding approach to manage risk;• Participants will explore and understand how an anti-oppressive and strength based approach to practice can support individuals who self-neglect and/or hoard;• Participants will recognise the importance of interagency approaches to working with people who self-neglect and /or hoard.	

Safeguarding Adults Enquiry Skills

Course length	1 Day
Audience	All staff undertaking Safeguarding enquiries.
Course overview	
This 1 day course is aimed at social workers and social care professionals who are involved in initiating safeguarding enquiries. The course should enable delegates to understand what the thresholds are for completing enquiries. It will also support the delegate's confidence and understanding of what good looks like when completing enquires in order to reduce risk to potentially vulnerable adults.	
Course aim	
To learn about safeguarding enquiries and the legislation that supports enquiries. To learn about specific safeguarding themes that staff undertaking safeguarding enquiries may be involved in. To learn about best practice in terms of making safeguarding personal and person centred intervention. To also learn about the consideration for mental capacity when completing safeguarding enquiries.	
Objectives	
<ul style="list-style-type: none">• To understand key legislation that influences safeguarding practice. i.e. Care Act, Mental Capacity Act.• To develop skills around making safeguarding personal and ensuring that the client is at the centre of intervention.• To understand local procedures and how this applies to legal context.• To explore ways to engage with people who may find it difficult to accept support• To discuss ethical dilemmas that may be present when completing enquiries.• To learn about completing enquires that are based on evidence and reaching outcomes based on this.• To learn how mental capacity will impact on safeguarding enquiries.• To learn the importance of the use of advocacy and the differences between various advocacy support i.e. IMCA• How to complete section 42 enquiries and know when further investigation is required.• The importance of good recording and what that looks like.• Positive risk assessments- How they can be used to reduce risk.	

NOTE: There is also a 2 day version of this training is available, with a further emphasis on financial abuse.

NHS Continuing Healthcare: The Role of Social Care Practitioners

Course length	1 Day
Audience	All practitioners in Adult Social Care.
Course aim	
This course will enable participants to understand the national NHS Continuing Health Care Framework and effectively implement the local 'NHS Continuing Healthcare Procedure'.	
Objectives	
<ul style="list-style-type: none">• To have a good understanding of the use of the checklist and how this should be applied to access healthcare funding• Learn how to effectively use the continuing healthcare checklist• To be able to apply this checklist to practical cases• To have an understanding of legislation involved in CHC funding• To be able to effectively record the information on the continuing healthcare checklist• To be able to learn the four key characteristics that should be considered when assessing eligibility for NHS continuing healthcare	

Working with Difficult, Dangerous and Evasive People (DDE)

This highly interactive and engaging training is one of our 'flagship' courses and routinely receives exceptional feedback from participants. It is ideal for mixed groups of adult and children's practitioners as well as partner agencies. Professional actors on day 2 enable learners to practice techniques and reflect on their communication style.

Course Length	2 Days
Delegate numbers	Minimum 5 and Maximum 20
Audience	Children's and Adult's Social workers and Newly qualified Social workers

Course Overview

Safeguarding practitioners regularly have to deal with difficult situations where adults may behave in ways which are hostile and un-cooperative.

The training provides a range of tools and techniques that support communication and de-escalation and models to engage service users in positive change.

Learning Outcomes

Course aim

To provide a variety of tools and techniques for working with service users in challenging situations

Objectives

- To consider what constitutes dangerous, difficult and evasive users and develop strategies to manage the situation
- To explore techniques of 'reflection in action' which allow skilled communication and can defuse escalating hostile and challenging situations
- To consider a model of communication

Dignity in Care

Course length	Half day
Audience	Social care workers who provide direct care for adults both in the community and in residential establishments
Course overview and aim	
<p>The aim of the course is to enable the delegate to understand the principle of how to support a person's dignity when providing care. To develop an understanding of guidance and regulation that sets standards that all persons providing support to an individual should be adhering to in order to promote privacy and dignity.</p>	
Objectives	
<ul style="list-style-type: none">• To be develop an understanding of dignity and respect and how this applies to the people who are in receipt of support• To understand the principles of essential lifestyle planning and how this should be applied to the delivery of care• To develop an understanding of privacy and dignity in care• To be able to list the 6 'C's' – Compassion in practice and to list the 7 common core principles to support dignity in adult social care – Skills for Care• To learn the difference between the social model and medical model and how to use the integrated model to support best practice• To use principles of person-centred planning in order to promote dignity when providing care• Understand legislation that provides duties for care to be provided with dignity in mind at all times.	

Dementia Care (Advanced Skills)

Course length	1 Day
Audience	Social workers and social care practitioners who have a role in working with adults with a diagnosis of dementia
Course overview and aim	
<p>This overall aim is to learn about dementia and how it impacts on individuals and their carers/ family members. To learn skills that will promote best practice when working with a person with dementia. To learn about relevant legislation that underpins support provided for individuals with dementia.</p>	
Objectives	
<ul style="list-style-type: none">• To gain an understanding of what dementia is and to learn about potential causes.• To learn about signs and symptoms of dementia• To learn about the importance of a person's daily routine and environmental factors• To understand the importance of a person-centred approach to providing support for an individual with dementia• To understand the impact of dementia on carers and family members• To learn skills that will support the completion of assessments and support plans• To discuss the importance of communication and how this can support the well-being of the individual• To gain an overview of the mental capacity act in relation to dementia• How to try and engage with people who find it difficult to accept support.	

Person Centred Care

Course length	1 Day
Audience	Social workers and social care practitioners who have direct contact with adults either in the community or in residential settings
Course overview and aim	
<p>The aim of the training is to develop an understanding of person-centred planning and how it can be used to promote individual well-being. To learn practical skills that can be used when support planning or when working directly with adults. To learn how the social model impacts on person centred planning and outcomes for individuals.</p>	
Objectives	
<ul style="list-style-type: none">• To understand what is meant by person-centred values and the difference between service-led and person-centred approaches to practice• Recognise why it is important to work in a person-centred way and understand what it means to be mindful and reflective• Learn how to support people using person-centred values, including respect for their individuality, dignity and choices• Demonstrate awareness of the individual's immediate environment and make changes to address factors that may be causing discomfort or distress• To understand the difference between the social model and medical model of disability in order to work in a person-centred manner• Know how to support individuals to make their own informed decisions• To learn about essential lifestyles planning and how this can impact on the well-being of individuals• To develop an understanding of what legislation supports person centred approaches	